



City of Cincinnati

Date: October 16, 2003

-FOR IMMEDIATE RELEASE-

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Board of Health
City of Cincinnati
(513) 357-7407

FLU SHOTS AVAILABLE

Influenza, commonly called “the flu,” is an infection of the respiratory tract caused by the influenza virus. Most people who get the flu recover completely in 1 to 2 weeks, but some people develop serious and potentially life-threatening medical complications, such as pneumonia. In an average year, influenza results in about 36,000 deaths nationwide.

The number of flu cases in the region tends to peak between late December through early March. Although the best time to get a flu shot is October through the end of December, the community is still encouraged to get a shot even as late as March.

Who should get a flu shot? First priority includes these “high-risk” individuals:

- **65 years old or older** – Even if you're in great health!
- **Children 6-23 months old** – Children younger than 2 years old have one of the highest rates of hospitalizations from influenza
- **Children 2 to 18 years old on long term aspirin therapy**
- **Household contact of “high risk” children, or children 6-23 months old**
- **Adults and children with a chronic health condition** – Such as heart disease, diabetes, kidney disease, asthma, cancer, and HIV/AIDS
- **More than 3 months pregnant during flu season** – Typically November through March

Our Services

The Cincinnati Health Department offers flu shots to “high-risk” individuals at each of our 6 health centers located throughout the city. People may call the health center for their hours of operation and “shot” times.

- ♦ **Braxton Cann Medical Center** (513) 271-6089
- ♦ **Elm Street Health Center** (513) 352-3092
- ♦ **Millvale Health Center** (513) 352-3192
- ♦ **Northside Health Center** (513) 357-7600
- ♦ **Price Hill Health Center** (513) 357-2700
- ♦ **Ambrose Clement Health Center** (513) 357-7316

The Cincinnati Health Department also offers flu shots to “high-risk” individuals at 16 different senior and/or community centers in the city. Registration for shots is required at these community outreach centers.

More information is available about our flu sites and others in the greater Cincinnati area by calling 931-SHOT or flu shot locations can be viewed by logging on to [http:// www.the-collaborative.org](http://www.the-collaborative.org).

Cincinnati Health Department Senior Flu Program 2003

Community/Senior Center	Address	Phone Number	Contact Person	Date/Time of Session
Oakley Senior & Community Center	3882 Paxton Ave., 45209	321-9407	Pat Cox	Oct. 28, 2003 9am – 12pm
Gamble-Nippert YMCA	3159 Montana Ave., 45211	661-1105	Kim Harrison or Kay Fuller	Oct. 29, 2003 9am – 11am
Over-the-Rhine Senior Center	1720 Race Street, 45210	381-3007	Cheryl Ware	Oct. 29, 2003 9:30am – 11am
Senior Chateau On The Hill	750 Grand Avenue, 45205	471-9555	Kaitlin Meyers (Service Coord.)	Oct. 30, 2003 9:30am – 11am
Pinecrest Senior Center	3951 W. 8 th Street, 45205	921-8922	Jan Ober	11-4-03 (Election Day) 9:30am – 11:30am
Clifton Senior Center	900 Rue de la Paix, 45220	861-6934	Kathy Womer	Nov. 5, 2003 9am – 12pm
Dunham Seniors	4356 Dunham Lane, 45238	471-9844	Connie Ober	Nov. 6, 2003 9:30am – 11am
Pleasant Ridge Community Center	5915 Ridge Avenue, 45213	731-7894	Melissa Smith or Laura Thomas	Nov. 6, 2003 10am – 11:30am
Butterfield Recreation Center	22 Garfield Place, 45202	421-2803	Mary Cox	Nov. 12, 2003 10am – 12pm
Bush Community Center	2640 Kemper Lane, 45206	281-1286	Sarah Coleman or Candy Olsen	Nov. 13, 2003 9:30am – 11:30am
Carthage Community Center	19 E. 72 nd St., 45215	821-2954	Buddy Hill or Ann	Nov. 13, 2003 9am – 11am
Hyde Park Senior Center	2800 Erie Avenue, 45209	321-6816	Kathy Colque	Nov. 18, 2003 9:30am – 12pm
Hartwell Community Center	8275 Vine St., 45216	821-5194	Carol Hughes	Nov. 19, 2003 9am – 11am
McKie Community Center	1655 Chase Avenue, 45223	681-6952 or 681-8247	Carrie Prather	Nov. 20, 2003 9:30am – 11am
South Fairmount Senior Center	1860 Queen City Ave., 45214	921-4315 (St. Francis Court)	Barbara Fuson or Jodie Lindsey	Nov. 25, 2003 9:30am – 11am
St. Paul Village	5515 Madison Road, 45227	272-1118 or 527-2394	Kate Hanser	Nov. 25, 2003 9am – 10:30am

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